



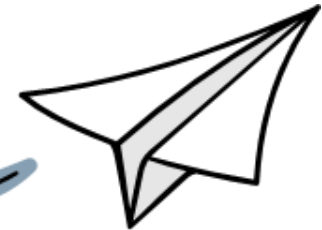
A program based on health promoting school approach, developed in Andalusia within a framework of collaboration between the regional ministries with competences in education, health and agriculture.

The program, based on **whole school approach**, places the school community at the forefront, where professionals from other sectors maintain their collaboration, but move the leadership to the school.



School year 2015/16

School year 2022/23



Where we should go

School year 2021/22
Pilot projects started:
- 0-3 years old
- EPSA

0-3: This age group was not covered with the actual program.

EPSA: Considered in our case as a level of excellence in the promotion of healthy lifestyle in the school, that implies a real transformation of the center and its openness to the community.

Where we are now



Where we came from (joint work between Health & Education for two decades)

The program is developed in Andalusian schools through two modalities:

- “CRECIENDO EN SALUD” addressed to early childhood education, special education and elementary education.
- “FORMA JOVEN EN EL ÁMBITO EDUCATIVO”, addressed to secondary education.



INTERVENTION STRATEGIES
1.- Emotional learning
2.- Healthy life styles (physical activity & healthy eating)
3.- Self-care & risk of accidents (CS) / Sexuality and equal relationships (FJAE)
4.- Positive use of information and communication technologies
5.- Prevention of addiction

Didactic guides

Recommended resources



- Teaching Coordination Team
- 8 Provincial Commissions
- Regional Commission

Implementation data update (2022-2023):

- **2,351** primary schools registered in “CRECIENDO EN SALUD” (654,654 students)
- **919** secondary schools registered in “FORMA JOVEN EN EL ÁMBITO EDUCATIVO” (362,239 students).
- In addition, regarding the two pilot projects:
 - “Creciendo en Salud 0-3”: **38** early childhood schools (will be expanded to 100 centers this year)
 - “Escuela Promotora de Salud”: **52** schools (primary/secondary).
- The program is developed in **public schools and other centers financed with public funds**, including school **children of different socioeconomic backgrounds**, who may face/experience vulnerabilities.

- The activities developed in each school are **planned and internally evaluated** every school year, with the support of a regional team of experts.
- For the EPSA pilot project, the University of Córdoba has designed a three-year research project, which **will evaluate its impact** in the schools that began its implementation in the 2021/2022 school year.
- In our opinion, the **main elements of success** that **guarantees the sustainability of the program** is the involvement of the entire school community, with a strong support from the center's management team and the cross approach through the curriculum and other school programs and activities.
- Regarding **training resources for translation/implementation**, all the material developed and used for the implementation of the program are available on the program website:
 - <https://www.juntadeandalucia.es/educacion/portals/web/habitos-vida-saludable/programa>